

## **Covid-19 safety information for patients and families**

Child Psychiatry UK is committed to minimising the risk of infection during the Covid-19 pandemic. Ahead of your appointment, please take a few moments to read the important information below.

### **Please change your appointment to teleconference if:**

- If you or a member of your family have a continuous cough
- If you or a member of your family have a high temperature
- If you or a member of your family have loss or change to your sense of taste or smell
- If you or a member of your family have had Covid-19 or have self isolated in the last 14 days
- If you suspect you or a member of your family have been exposed to Covid-19 in the last 14 days.

### **When you arrive at The Darras Hall Clinic**

- One adult **only** to accompany the young person
- Please arrive no more than five minutes before your scheduled appointment time
- Please ensure you and the young person are wearing a face covering
- Please avoid bringing unnecessary bags/coats etc into the clinic to reduce the risk of infection
- You will be asked to sanitise your hands at Reception on arrival
- Your temperature will be checked (both the young person and accompanying adult) - if you or the young person have a raised temperature we regret that Dr Westgarth will be unable to see you and the appointment will need to be rearranged to a later date, or a teleconference.

### **In the Clinic Room**

- Where it is essential for Dr Westgarth to take a temperature, pulse, blood pressure reading, weight or height readings, appropriate PPE will be worn. All equipment will be sanitised between use
- Equipment and touch points etc will be cleaned between each patient - **please bear with us as this will mean a slightly shorter face to face appointment.**

### **After the appointment**

- If you or a family member develop Covid-19 symptoms within 14 days of being seen at the clinic, please inform us immediately
- We will inform you if Dr Westgarth or another patient/family member from that clinic day develops Covid-19 symptoms.

**We are delighted to be restarting our face to face clinics and look forward to seeing you again in person. However, if you would prefer to have a remote consultation, please don't hesitate to call Nicci Westgarth, Practice Manager, on 07733 274 522, to arrange this.**