

### Covid-19 safety information for patients and families

Child Psychiatry UK is committed to minimising the risk of infection during the Covid-19 pandemic. Ahead of your appointment, please take a few moments to read the important information below.

Please change your appointment to teleconference if:

- If you or a member of your family have a continuous cough
- If you or a member of your family have a high temperature
- If you or a member of your family have loss or change to your sense of taste or smell
- If you or a member of your family have had Covid-19 or have self isolated in the last 7 days
- If you suspect you or a member of your family have been exposed to Covid-19 in the last 10 days.

- **When you arrive at the Consulting Room**

- One adult **only** to accompany the young person into the building
- Please arrive **no** more than five minutes before your scheduled appointment time
- Please avoid bringing unnecessary bags/coats etc into the building to reduce the risk of infection
- You will be asked to sanitise your hands at Reception on arrival
- Your temperature will be checked (both the young person and accompanying adult) - if you or the young person have a raised temperature we regret that Dr Westgarth will be unable to see you and the appointment will need to be rearranged to a later date, or a teleconference.

- **In the Consulting Room**

- Where it is essential for Dr Westgarth to take a temperature, pulse, blood pressure reading, weight or height readings, appropriate PPE will be worn. All equipment will be sanitised between use
- Equipment and touch points etc will be cleaned between each patient - **please bear with us as this will mean a slightly shorter face to face appointment.**

- **After the appointment**

- If you or a family member develop Covid-19 symptoms within 10 days of being seen at the clinic, please inform us immediately
- We will inform you if Dr Westgarth or another patient/family member from that clinic day develops Covid-19 symptoms.

---

Medical Director: **Dr Stephen Westgarth**

MB BS MRCPsych PgDipCBT

Consultant Child and Adolescent Psychiatrist

General Medical Council Number: 4024521

Company Registration Number: 7852875